

**Note: Items are made throughout the day. Our menu is subject to change. Please call ahead to see if your choices are ready.**

**\*Indicates entrees that are wheat free\***

**MONDAY – October 14**

Pork Tenderloin w/Rst. Vegetables\*  
 Portuguese Shrimp Chicken & Rice \*  
 Thai Shrimp & Chicken Curry\*  
 Whole Roast Chix Dinner\*  
 Beef & Broccoli Stir Fry  
 Vegetarian Chickpea Curry\*  
 Stuffed Peppers\*  
 Beef Bourguignon  
 Ziti w/Broccoli & Chicken  
 Shepherd's Pie  
 Pasta w/Broccoli Rabe & Sausage  
 Cajun Pasta w/Chix+Chipotle Tom.  
 Baked Ziti  
 Macaroni and Cheese  
 Stuffed Shells  
 Pasta w/Meatballs  
 Classic Meatloaf Dinner  
 Linguine w/White Clam Sauce  
 Spinach & Cheese Manicotti  
 Shrimp alla Vita  
 Linguine alla Vita  
 Penne w/Vodka Sauce  
 Chicken Limone w/Pasta  
 Chicken Alicia  
 Chicken Cordon Bleu  
 Chicken Parmesan  
 Grilled Chicken Margherita\*  
 Chicken Marsala  
 Chicken Piccata  
 Chicken Francaise  
 Grilled Chicken Breast\*  
 Chicken Cutlets  
**VEGGIES/SIDES/PASTA/SALAD**  
 Fresh Vegetable Mix\*  
 Green Beans w/ Almonds\*  
 Sautéed Spinach\*  
 Roasted Cauliflower\*  
 Roasted Brussel Sprouts\*  
 Mediterranean Quinoa\*  
 Tuna Pasta Salad  
 Pasta Vita Chicken Salad\*  
 Summer Chicken Salad\*  
 Curried Chicken Salad\*  
 Summer Pasta Verde  
 Traditional Bread Pudding  
**Soup: Chicken Noodle**  
**Soup: Italian Wedding soup**

**TUESDAY – October 15**

Salmon w/Tomatoes & Capers  
 Beef Tenderloin w/Bearnaise  
 Chicken Pad Thai w/Chili Garlic  
 Pulled Pork Tacos  
 Baked Boston Cod w/Rice pilaf  
 Whole Roast Chicken\*  
 Pork Chops Pizzaiola  
 Chicken alla Roma \*  
 Tomato Basil Risotto\*  
 Chipotle Chicken Bowl\*  
 Vegetarian Stuffed Peppers\*  
 London Broil w/ Mashed Pot.  
 Chicken Pot Pie  
 Spaghetti alla Carbonara  
 Baked Cheese Ravioli Dinner  
 Buffalo Macaroni & Cheese  
 Stuffed Shells  
 Cavatelli w/Vodka Sauce  
 Pasta Bolognese  
 Woodsman Style Pasta w/Chicken  
**Sausage and Peppers\***  
 Shrimp Scampi  
 Coconut Chicken w/Mango Salsa  
 Grilled Chix w/Grilled Vegetables\*  
 Chicken Limone w/Pasta  
 Chicken Cordon Bleu  
 Grilled Chicken Margherita\*  
 Chicken Alicia  
 Chicken Milanese  
 Chicken Palermo  
 Chicken Parmesan  
 Chicken Marsala  
 Chicken Piccata  
 Chicken Francaise  
 Grilled Chicken Breast\*  
**VEGGIES/SIDES/PASTA/SALAD**  
 Roasted Vegetables\*  
 Italian Broccoli\*  
 Green Beans w/ Almonds\*  
 Twice Baked Potatoes\*  
 Cheddar bacon Stuffed Potatoes  
 Cauliflower au Gratin\*  
 Tuna Nicoise\*  
 Mexican Street Corn\*  
 Summer Pasta Verde  
 Pasta Vita Chicken Salad \*  
 Curried Chicken Salad\*  
 Summer Chicken Salad\*  
 Apple Crisp  
**Soup: Clam Chowder**  
**Soup: Pasta Fagioli**

**WEDNESDAY – October 16**

Salmon w/Pesto & Sun-Dried Tom\*  
 Chicken Enchiladas w/Mexican Rice  
 Whole Roast Chicken Dinner\*  
 Stuffed Pork Loin+Lem. & Prosciutto  
 Marsala Braised Short Ribs  
 Balsamic Flank Steak  
 Roast Turkey Dinner  
 Salisbury Steak Dinner  
 Chicken Teriyaki (thighs)\*  
 Stuffed Cabbage\*  
 Shepherd's Pie  
 Tuscan Beef Stew  
 Lemon Sole w/Orzo  
 Macaroni & Cheese  
 Veal Parmesan  
 Southern Chicken Tenders  
 Fried Shrimp w/Remoulade  
 Stuffed Peppers\*  
 Stuffed Shells  
 Grilled Chicken w/Penne & Feta  
 Classic Meatloaf Dinner  
 Grilled Shrimp Linguine  
 Linguine w/Fresh Vegetables  
 Shrimp w/Vodka Sauce  
 Penne w/Vodka Sauce  
 Chicken Limone w/Pasta  
 Chicken Alicia  
 Chicken Cordon Bleu  
 Grilled Chicken Margherita\*  
 Chicken Parmesan & Pasta  
 Chicken Marsala  
 Chicken Piccata  
 Chicken Francaise  
 Grilled Chicken Breast\*  
**VEGGIES/SIDES/PASTA/SALAD**  
 Broccoli Rabe\*  
 Green Beans w/ Almonds\*  
 Roasted Sweet Potatoes\*  
 Roasted Brussel Sprouts\*  
 Creamed Spinach\*  
 Roasted Beets & Carrots\*  
 Scalloped Potatoes\*  
 Chicken Salad\*  
 Summer Pasta Verde.  
 Tuna & Egg Salads\*  
 Belgian Chocolate Pudding\*  
 Vanilla Bean Pudding  
 Chocolate Bread Pudding  
**Quesadilla**  
**Soup: Chicken & Rice**  
**Soup: Corn Chowder**

**THURSDAY – October 17**

Salmon w/Soba Noodles  
 Beef Tend. Red Wine Demi  
 Baked Boston Cod w/Rice Pilaf  
 Korean BBQ Pork Chops\*  
 Beef & Bean Burrito  
 K. C. Rib's w/B.B.Q. Sauce\*  
 Chipotle Steak Bowl\*  
 Fish Tacos w/Mexican Rice  
 Crab Cakes w/Remoulade  
 Vegetarian Stuffed Peppers  
 Herbed Roasted Chicken  
 Chicken Pot Pie  
 Turkey Tetrazzini  
 Yankee Pot Roast\*  
 Chicken Abruzzo (thighs)\*  
 Veal Milano  
 Veal Marsala  
 Baked Stuffed Shrimp w/Rice Pilaf  
 Lobster Mac & Cheese  
 Lemon sole w/Orzo  
 Coconut Shrimp  
 Stuffed Shells  
 Lake Como Rigatoni  
 Spinach & Cheese Manicotti  
 Shrimp Scampi  
 Baked Sausage Ravioli  
 Grilled Chix & Grilled Vegetables\*  
 Chicken Limone w/Pasta  
 Chicken Alicia  
 Chicken Cordon Bleu  
 Grilled Chicken Margherita\*  
 Chicken Lucchese  
 Chicken Parmesan  
 Chicken Marsala  
 Chicken Piccata  
 Chicken Francaise  
 Chicken Piccata  
 Chicken Francaise  
**VEGGIES/SIDES/PASTA/SALAD**  
 Classic Mashed Potatoes\*  
 Green Beans w/Almonds\*  
 Roasted Asparagus w/Sea Salt\*  
 Roasted Vegetables\*  
 Roasted Root Vegetables\*  
 Broccoli au Gratin\*  
 Cajun Chicken Pasta Salad  
 Summer Pasta Verde  
 Summer Chicken Salad\*  
 Curried Chicken Salad\*  
 Pasta Vita Chicken Salad\*  
**Soup: Split Pea**  
**Soup: Tomato Bisque**

**FRIDAY- October 18**

Salmon w/Mango Salsa \*  
 Shrimp Chix & Sausage Gumbo\*  
 Beef Tenderloin Au Poivre  
 Baked Boston Cod Rice Pilaf  
 Beef Tenderloin Tips au Jus  
 Whole Roast Chicken Dinner\*  
 Pork Tenderloin w/Tom. & Capers  
 Chicken Enchiladas w/Mexican Rice  
 Southern Chicken Tenders  
 BBQ Pulled Pork\*  
 Vegetable Stuffed Sole w/Couscous  
 Lemon Sole w/ Orzo  
 Beef Bourguignon  
 Chicken Arrabiatta (thighs)\*  
 Macaroni & Cheese  
 Pasta & Sausage Caprese  
 London Broil w/Mash Pot. +gravy  
 Spaghetti Carbonara  
 Stuffed Shells  
 Ziti Broccoli & Chicken  
 Sausage & Peppers\*  
 Classic Meatloaf Dinner  
 Stuffed Peppers\*  
 Grilled Shrimp linguine  
 Linguine w/Fresh Vegetables  
 Crab Cakes w/Remoulade  
 Shrimp w/Vodka Sauce  
 Penne w/Vodka Sauce  
 Grilled Chix & Grilled Vegetables\*  
 Grilled Chicken Margherita\*  
 Chicken Italiano  
 Chicken Milanese  
 Chicken Alicia  
 Chicken Cordon Bleu  
 Chicken Parmesan  
 Chicken Parmesan & Pasta  
 Chicken Marsala  
 Chicken Francaise  
 Chicken Piccata  
 Grilled Chicken Breast\*  
 Chicken Cutlets  
**VEGGIES/SIDES/PASTA/SALAD**  
 Roasted Vegetables\*  
 Classic Mashed Potatoes\*  
 Green Beans w/almonds\*  
 Italian Broccoli\*  
 Roasted Brussels Sprouts\*

**SATURDAY – October 19**

Baked Spiral Ham Dinner\*  
 Thai Shrimp Chicken Curry\*  
 Pasta w/Meatballs Marinara  
 Stuffed Shells  
 Shrimp Scampi  
 Macaroni & Cheese  
 Penne w/Vodka Sauce  
 Baked Ziti  
 Chicken & Pasta Alfredo  
 Chicken Parmesan  
 Chicken Marsala  
 Chicken Piccata  
 Chicken Francaise  
 Grilled Chicken Breast\*  
**Friday Cont.:**  
 Tuna Nicoise Salad\*  
 Tuna Pasta Salad  
 Mexican Street Corn\*  
 Quinoa w/Spinach Art & Feta\*  
 Summer Pasta Verde  
 Summer Chicken Salad\*  
 Curried Chicken Salad\*  
 Pasta Vita Chicken Salad\*  
**Soup: Chicken Noodle**  
**Soup: Clam Chowder**  
**Soup: Beef & Bean Chili**  
**SAT.-VEGGIES/SIDES/PASTA/SALAD**  
 Green Beans w/Almonds\*  
 Gruyere Scalloped Potatoes\*  
 Cheddar Scalloped Potatoes\*  
 Summer Pasta Verde  
 Vegetarian Chickpea Salad\*  
 Tuna Pasta Salad  
 Chicken Salad\*  
 Tuna Salad & Egg Salad  
 Pumpkin Bread Pudding  
 Apple Crisp  
 Brownies