

Note: Items are made throughout the day. Our menu is subject to change. Please call ahead to see if your choices are ready.

Indicates entrees that are wheat free

MONDAY – October 14

Pork Tenderloin w/Rst. Vegetables*
Portuguese Shrimp Chicken & Rice *
Thai Shrimp & Chicken Curry*
Whole Roast Chix Dinner*
Beef & Broccoli Stir Fry
Vegetarian Chickpea Curry*
Stuffed Peppers*
Beef Bourguignon
Ziti w/Broccoli & Chicken
Shepherd's Pie
Pasta w/Broccoli Rabe & Sausage
Cajun Pasta w/Chix+Chipotle Tom.
Baked Ziti
Macaroni and Cheese
Stuffed Shells
Pasta w/Meatballs
Classic Meatloaf Dinner
Linguine w/White Clam Sauce
Spinach & Cheese Manicotti
Shrimp alla Vita
Linguine alla Vita
Penne w/Vodka Sauce
Chicken Limone w/Pasta
Chicken Alicia
Chicken Cordon Bleu
Chicken Parmesan
Grilled Chicken Margherita*
Chicken Marsala
Chicken Piccata
Chicken Francaise
Grilled Chicken Breast*
Chicken Cutlets
VEGGIES/SIDES/PASTA/SALAD
Fresh Vegetable Mix*
Green Beans w/ Almonds*
Sautéed Spinach*
Roasted Cauliflower*
Roasted Brussel Sprouts*
Mediterranean Quinoa*
Tuna Pasta Salad
Pasta Vita Chicken Salad*
Summer Chicken Salad*
Curried Chicken Salad*
Summer Pasta Verde
Traditional Bread Pudding
Soup: Chicken Noodle
Soup: Italian Wedding soup

TUESDAY – October 15

Salmon w/Tomatoes & Capers
Beef Tenderloin w/Bearnaise
Chicken Pad Thai w/Chili Garlic
Pulled Pork Tacos
Baked Boston Cod w/Rice pilaf
Whole Roast Chicken*
Pork Chops Pizzaiola
Chicken alla Roma *
Tomato Basil Risotto*
Chipotle Chicken Bowl*
Vegetarian Stuffed Peppers*
London Broil w/ Mashed Pot.
Chicken Pot Pie
Spaghetti alla Carbonara
Baked Cheese Ravioli Dinner
Buffalo Macaroni & Cheese
Stuffed Shells
Cavatelli w/Vodka Sauce
Pasta Bolognese
Woodsman Style Pasta w/Chicken
Sausage and Peppers*
Shrimp Scampi
Coconut Chicken w/Mango Salsa
Grilled Chix w/Grilled Vegetables*
Chicken Limone w/Pasta
Chicken Cordon Bleu
Grilled Chicken Margherita*
Chicken Alicia
Chicken Milanese
Chicken Palermo
Chicken Parmesan
Chicken Marsala
Chicken Piccata
Chicken Francaise
Grilled Chicken Breast*
VEGGIES/SIDES/PASTA/SALAD
Roasted Vegetables*
Italian Broccoli*
Green Beans w/ Almonds*
Twice Baked Potatoes*
Cheddar bacon Stuffed Potatoes
Cauliflower au Gratin*
Tuna Nicoise*
Mexican Street Corn*
Summer Pasta Verde
Pasta Vita Chicken Salad *
Curried Chicken Salad*
Summer Chicken Salad*
Apple Crisp
Soup: Clam Chowder
Soup: Pasta Fagioli

WEDNESDAY – October 16

Salmon w/Pesto & Sun-Dried Tom*
Chicken Enchiladas w/Mexican Rice
Whole Roast Chicken Dinner*
Stuffed Pork Loin+Lem. & Prosciutto
Marsala Braised Short Ribs
Balsamic Flank Steak
Roast Turkey Dinner
Salisbury Steak Dinner
Chicken Teriyaki (thighs)*
Stuffed Cabbage*
Shepherd's Pie
Tuscan Beef Stew
Lemon Sole w/Orzo
Macaroni & Cheese
Veal Parmesan
Southern Chicken Tenders
Fried Shrimp w/Remoulade
Stuffed Peppers*
Stuffed Shells
Grilled Chicken w/Penne & Feta
Classic Meatloaf Dinner
Grilled Shrimp Linguine
Linguine w/Fresh Vegetables
Shrimp w/Vodka Sauce
Penne w/Vodka Sauce
Chicken Limone w/Pasta
Chicken Alicia
Chicken Cordon Bleu
Grilled Chicken Margherita*
Chicken Parmesan & Pasta
Chicken Marsala
Chicken Piccata
Chicken Francaise
Grilled Chicken Breast*
VEGGIES/SIDES/PASTA/SALAD
Broccoli Rabe*
Green Beans w/ Almonds*
Roasted Sweet Potatoes*
Roasted Brussel Sprouts*
Creamed Spinach*
Roasted Beets & Carrots*
Scalloped Potatoes*
Chicken Salad*
Summer Pasta Verde.
Tuna & Egg Salads*
Belgian Chocolate Pudding*
Vanilla Bean Pudding
Chocolate Bread Pudding
Quesadilla
Soup: Chicken & Rice
Soup: Corn Chowder

THURSDAY – October 17

Salmon w/Soba Noodles
Beef Tend. Red Wine Demi
Baked Boston Cod w/Rice Pilaf
Korean BBQ Pork Chops*
Beef & Bean Burrito
K. C. Rib's w/B.B.Q. Sauce*
Chipotle Steak Bowl*
Fish Tacos w/Mexican Rice
Crab Cakes w/Remoulade
Vegetarian Stuffed Peppers
Herbed Roasted Chicken
Chicken Pot Pie
Turkey Tetrazzini
Yankee Pot Roast*
Chicken Abruzzo (thighs)*
Veal Milano
Veal Marsala
Baked Stuffed Shrimp w/Rice Pilaf
Lobster Mac & Cheese
Lemon sole w/Orzo
Coconut Shrimp
Stuffed Shells
Lake Como Rigatoni
Spinach & Cheese Manicotti
Shrimp Scampi
Baked Sausage Ravioli
Grilled Chix & Grilled Vegetables*
Chicken Limone w/Pasta
Chicken Alicia
Chicken Cordon Bleu
Grilled Chicken Margherita*
Chicken Lucchese
Chicken Parmesan
Chicken Marsala
Chicken Piccata
Chicken Francaise
VEGGIES/SIDES/PASTA/SALAD
Classic Mashed Potatoes*
Green Beans w/Almonds*
Roasted Asparagus w/Sea Salt*
Roasted Vegetables*
Roasted Root Vegetables*
Broccoli au Gratin*
Cajun Chicken Pasta Salad
Summer Pasta Verde
Summer Chicken Salad*
Curried Chicken Salad*
Pasta Vita Chicken Salad*
Soup: Split Pea
Soup: Tomato Bisque

FRIDAY- October 18

Salmon w/Mango Salsa *
Shrimp Chix & Sausage Gumbo*
Beef Tenderloin Au Poivre
Baked Boston Cod Rice Pilaf
Teriyaki Flank Steak w/Fried Rice
Whole Roast Chicken Dinner*
Pork Tenderloin w/Tom. & Capers
Chicken Enchiladas w/Mexican Rice
Southern Chicken Tenders
BBQ Pulled Pork*
Vegetable Stuffed Sole w/Couscous
Lemon Sole w/ Orzo
Beef Bourguignon
Chicken Arrabiatta (thighs)*
Macaroni & Cheese
Pasta & Sausage Caprese
London Broil w/Mash Pot. +gravy
Spaghetti Carbonara
Stuffed Shells
Ziti Broccoli & Chicken
Sausage & Peppers*
Classic Meatloaf Dinner
Stuffed Peppers*
Grilled Shrimp linguine
Linguine w/Fresh Vegetables
Crab Cakes w/Remoulade
Shrimp w/Vodka Sauce
Penne w/Vodka Sauce
Grilled Chix & Grilled Vegetables*
Grilled Chicken Margherita*
Chicken Italiano
Chicken Milanese
Chicken Alicia
Chicken Cordon Bleu
Chicken Parmesan
Chicken Parmesan & Pasta
Chicken Marsala
Chicken Francaise
Chicken Piccata
Grilled Chicken Breast*
Chicken Cutlets
VEGGIES/SIDES/PASTA/SALAD
Roasted Vegetables*
Classic Mashed Potatoes*
Green Beans w/almonds*
Italian Broccoli*
Roasted Brussels Sprouts*

SATURDAY – October 19

Baked Spiral Ham Dinner*
Thai Shrimp Chicken Curry*
Pasta w/Meatballs Marinara
Stuffed Shells
Shrimp Scampi
Macaroni & Cheese
Penne w/Vodka Sauce
Baked Ziti
Chicken & Pasta Alfredo
Chicken Parmesan
Chicken Marsala
Chicken Piccata
Chicken Francaise
Grilled Chicken Breast*

Friday Cont.:
Tuna Nicoise Salad*
Tuna Pasta Salad
Mexican Street Corn*
Quinoa w/Spinach Art & Feta*
Summer Pasta Verde
Summer Chicken Salad*
Curried Chicken Salad*
Pasta Vita Chicken Salad*
Soup: Chicken Noodle
Soup: Clam Chowder
Soup: Beef & Bean Chili
SAT.-VEGGIES/SIDES/PASTA/SALAD
Green Beans w/Almonds*
Gruyere Scalloped Potatoes*
Cheddar Scalloped Potatoes*
Summer Pasta Verde
Vegetarian Chickpea Salad*
Tuna Pasta Salad
Chicken Salad*
Tuna Salad & Egg Salad
Pumpkin Bread Pudding
Apple Crisp
Brownies