

Note: Items are made throughout the day. Our menu is subject to change. Please call ahead to see if your choices are ready.

Indicates entrees that are wheat free

MONDAY – October 21

Pork Tenderloin Satay
Cuban Chicken Shrimp & Chorizo *
Thai Shrimp & Chicken Curry*
Whole Roast Chix Dinner*
Classic Beef Stroganoff
Vegetarian Chili Cheese Burrito*
Stuffed Peppers*
Beef Bourguignon
Ziti w/Broccoli & Chicken
Shepherd's Pie
Pasta & Sausage Arrabiatta
Grilled Chix & Pasta w/ Gorgonzola
Baked Ziti
Macaroni and Cheese
Stuffed Shells
Pasta w/Meatballs
Classic Meatloaf Dinner
Linguine w/White Clam Sauce
Spinach & Cheese Manicotti
Shrimp alla Vita
Linguine alla Vita
Penne w/Vodka Sauce
Chicken Limone w/Pasta
Chicken Alicia
Chicken Cordon Bleu
Chicken Parmesan
Grilled Chicken Margherita*
Chicken Marsala
Chicken Piccata
Chicken Francaise
Grilled Chicken Breast*
Chicken Cutlets

VEGGIES/SIDES/PASTA/SALAD

Fresh Vegetable Mix*
Green Beans w/ Almonds*
Sautéed Spinach*
Roasted Cauliflower*
Roasted Brussel Sprouts*
Mediterranean Quinoa
Tuna Pasta Salad
Pasta Vita Chicken Salad*
Summer Chicken Salad*
Curried Chicken Salad*
Summer Pasta Verde
Traditional Bread Pudding

Soup: Chicken Noodle
Soup: Minestrone

TUESDAY – October 22

Honey Sriracha Salmon *
Grilled Shrimp w/Roasted Veg.
Beef Tend w/Gorgonzola Crust
Veal & Peppers
Chicken Pad Thai w/Chili Garlic
Steak Tacos w/Cilantro Lime Crema
Baked Boston Cod w/Rice pilaf
Whole Roast Chicken*
Cider Cured Pork Chops
Chicken Tikka Masala *
Risotto w/Mush. Peas & Bacon
Chipotle Chicken Bowl*
Vegetarian Stuffed Peppers*
London Broil w/ Mashed Pot.
Chicken Pot Pie
Spaghetti alla Carbonara
Baked Cheese Ravioli Dinner
Buffalo Macaroni & Cheese
Stuffed Shells
Pasta w/Meat Sauce
Grilled Chicken De Medici
Sausage and Peppers*
Shrimp Scampi
Coconut Chicken w/Mango Salsa
Grilled Chix w/Grilled Vegetables*
Chicken Limone w/Pasta
Chicken Cordon Bleu
Grilled Chicken Margherita*
Chicken Alicia
Chicken Saltimbocca
Chicken Parmesan
Chicken Marsala
Chicken Piccata
Chicken Francaise
Grilled Chicken Breast*
Grilled Chicken Breast*

VEGGIES/SIDES/PASTA/SALAD

Roasted Vegetables*
Italian Broccoli*
Green Beans w/ Almonds*
Twice Baked Potatoes*
Cheddar bacon Stuffed Potatoes
Cauliflower au Gratin*
Tuna Nicoise*
Mexican Street Corn*
Summer Pasta Verde
Chicken Salad *
Apple Crisp

Soup: Clam Chowder
Soup: Pasta Fagioli

WEDNESDAY – October 23

Grilled Salmon Capellini *
Chicken Enchiladas w/Mexican Rice
Whole Roast Chicken Dinner*
Herbed Pork Loin w/Mashed Pot.
Korean BBQ Short Ribs
Balsamic Glaze Flank Steak
Roast Turkey Dinner
Salisbury Steak Dinner
Southern Baked Chicken (thighs)*
Stuffed Cabbage*
Shepherd's Pie
Tuscan Beef Stew
Lemon Sole w/Orzo
Macaroni & Cheese
Veal Parmesan
Southern Chicken Tenders
Fried Shrimp w/Remoulade
Stuffed Peppers*
Stuffed Shells
Grilled Chicken w/Penne & Brie
Classic Meatloaf Dinner
Grilled Shrimp Linguine
Linguine w/Fresh Vegetables
Shrimp w/Vodka Sauce
Penne w/Vodka Sauce
Chicken Limone w/Pasta
Chicken Alicia
Chicken Milanese
Chicken Cordon Bleu
Grilled Chicken Margherita*
Chicken Parmesan & Pasta
Chicken Marsala
Chicken Piccata
Chicken Francaise
Grilled Chicken Breast*
Grilled Chicken Breast*

VEGGIES/SIDES/PASTA/SALAD

Broccoli Rabe*
Green Beans w/ Almonds*
Roasted Sweet Potatoes*
Roasted Brussel Sprouts*
Creamed Spinach*
Roasted Beets & Carrots*
Scalloped Potatoes*
Chicken Salad*
Summer Pasta Verde.
Tuna & Egg Salads*
Belgian Chocolate Pudding*
Vanilla Bean Pudding
Chocolate Bread Pudding

Quesadilla
Soup: Chicken & Rice
Soup: Butternut Bisque

THURSDAY – October 24

Salmon w/Roasted Vegetables*
Beef Tend. w/Red Wine Demi
Baked Boston Cod w/Rice Pilaf
Pork Chops alla Parma *
Grilled Shrimp Fajitas
K. C. Rib's w/B.B.Q. Sauce*
Chipotle Steak Bowl*
Fish Tacos w/Mexican Rice
Crab Cakes w/Remoulade
Herbed Roasted Chicken
Chicken Pot Pie
Turkey Tetrazzini
Yankee Pot Roast*
Coq au Vin (thighs)*
Veal Milano
Veal w/Artichokes Lemon
Baked Stuffed Shrimp w/Rice Pilaf
Lobster Mac & Cheese
Lemon sole w/Orzo
Coconut Shrimp
Stuffed Shells
Spinach & Cheese Manicotti
Shrimp Scampi
Baked Sausage Ravioli
Grilled Chix & Grilled Vegetables*
Chicken Limone w/Pasta
Chicken Alicia
Chicken Cordon Bleu
Grilled Chicken Margherita*
Chicken Portofino
Chicken Parmesan
Chicken Marsala
Chicken Piccata
Chicken Francaise

VEGGIES/SIDES/PASTA/SALAD

Classic Mashed Potatoes
Green Beans w/Almonds*
Roasted Asparagus w/Sea Salt*
Roasted Vegetables*
Roasted Root Vegetables*
Broccoli au Gratin*
Cajun Chicken Pasta Salad
Summer Pasta Verde
Summer Chicken Salad*
Curried Chicken Salad*
Pasta Vita Chicken Salad*

Soup: Caldo Verde
Soup: Vegetable Beef & Barley

FRIDAY- October 25

Blackened Salmon+Chipotle Crema*
Jambalaya *
Beef Tenderloin Au Poivre
Beef Tend Tips w/Cow Boy Butter
Baked Boston Cod Rice Pilaf
Whole Roast Chicken Dinner*
Pork Tenderloin w/Cuban Mojo
Chicken Enchiladas w/Mexican Rice
Southern Chicken Tenders
BBQ Pulled Pork*
Crabmeat Stuffed Sole w/Couscous
Lemon Sole w/ Orzo
Beef Bourguignon
Chicken Marbella (thighs)*
Macaroni & Cheese
Pasta Sausage Caprese
London Broil w/Mash Pot. +gravy
Spaghetti Carbonara
Stuffed Shells
Ziti Broccoli & Chicken
Sausage & Peppers*
Classic Meatloaf Dinner
Stuffed Peppers*
Grilled Shrimp linguine
Linguine w/Fresh Vegetables
Crab Cakes w/Remoulade
Shrimp w/Vodka Sauce
Penne w/Vodka Sauce
Grilled Chix & Grilled Vegetables*
Grilled Chicken Margherita*

Chicken Italiano
Chicken Milanese
Chicken Alicia
Chicken Cordon Bleu
Chicken Parmesan
Chicken Parmesan & Pasta
Chicken Marsala
Chicken Francaise
Chicken Piccata
Grilled Chicken Breast*
Chicken Cutlets

VEGGIES/SIDES/PASTA/SALAD

Roasted Vegetables*
Classic Mashed Potatoes*
Green Beans w/almonds*
Italian Broccoli*
Roasted Brussels Sprouts*

Done

SATURDAY – October 26

Baked Spiral Ham Dinner*
Thai Shrimp Chicken Curry*
Pasta w/Meatballs Marinara
Stuffed Shells
Shrimp Scampi
Macaroni & Cheese
Penne w/Vodka Sauce
Baked Ziti
Chicken & Pasta Alfredo
Chicken Parmesan
Chicken Marsala
Chicken Piccata
Chicken Francaise
Grilled Chicken Breast*

Friday Cont.:

Tuna Nicoise Salad*
Tuna Pasta Salad
Orzo Salad w/Grilled Vegetables
Mexican Street Corn*
Quinoa w/Butternut Beets Kale*
Summer Pasta Verde
Summer Chicken Salad*
Curried Chicken Salad*
Pasta Vita Chicken Salad*

Soup: Chicken Noodle

Soup: Clam Chowder

Soup:

SAT.-VEGGIES/SIDES/PASTA/SALAD

Green Beans w/Almonds*
Gruyere Scalloped Potatoes*
Cheddar Scalloped Potatoes*
Summer Pasta Verde
Vegetarian Chickpea Salad*
Tuna Pasta Salad
Chicken Salad*
Tuna Salad & Egg Salad
Pumpkin Bread Pudding
Apple Crisp
Brownies