PASTA VITA **OLD SAYBROOK**

CHEF'S SPECIALS

(860) 395-1452

Note: Items are made throughout the day. Our menu is subject to change. Please call ahead to see if your choices are ready. *Indicates entrees that are wheat free*

WEDNESDAY – November 20 MONDAY – November 18 **TUESDAY – November 19** THURSDAY – November 21 FRIDAY- November 22 SATURDAY – November 23 Grilled Salmon Capellini Baked Spiral Ham Dinner* Pork Tend. w/Tarragon Must. Honey Sriracha Salmon * Salmon w/Tom Basil & Olives * Salmon w/Mango Salsa * **Roast Turkey Dinner** Chicken Enchiladas w/Mexican Rice Jambalaya * Steak w/Mushroom Truffle Butter Jambalaya * Beef Tend. w/Red Wine Demi Thai Shrimp Chicken Curry* Whole Roast Chicken Dinner* Thai Shrimp & Chicken Curry* Chicken Pad Thai w/Chili Garlic Beef Tenderloin Au Poivre Veal & Peppers Apricot Stuffed Pork Loin Pasta w/Meatballs Marinara Whole Roast Chix Dinner* Steak Tacos Baked Boston Cod w/Rice Pilaf Baked Boston Cod Rice Pilaf Marsala Braised Short Ribs Pork Tend. w/Maple Balsamic Glaze Balsamic Flank Steak Stuffed Shells Baked Boston Cod w/Rice pilaf Beef & Broccoli Stir Frv Flank Steak w/Chimichurri Whole Roast Chicken* Whole Roast Chicken Dinner* Grilled Shrimp Fajitas Shrimp Scampi White Bean Escarole Stew* **Roast Turkey Dinner** K. C. Rib's w/B.B.Q. Sauce* Roast Turkey Dinner (call for time) Pumpkin Sage Risotto Macaroni & Cheese Stuffed Peppers* Salisbury Steak Dinner Sicilian Pork Chops **Roast Turkey Dinner** Pork Chops w/Honey Mustard* Penne w/Vodka Sauce **Beef Bourguignon** Chicken Stemperata (thighs)* Chicken Tikka Masala * Chipotle Steak Bowl* Chicken Enchiladas w/Mexican Rice Baked Ziti Ziti w/Broccoli & Chicken Stuffed Cabbage* Risotto alla Parma* Fish Tacos w/Mexican Rice Southern Chicken Tenders Chicken & Pasta Alfredo Shepherd's Pie Shepherd's Pie Chipotle Chicken Bowl* Crab Cakes w/Remoulade **BBQ Pulled Pork*** Chicken Parmesan Cavatelli w/Broccoli Rabe & Sausage **Tuscan Beef Stew Beef Bourguignon** Herbed Roasted Chicken Roast Turkey Dinner Chicken Marsala Chicken & Pasta Siena Lemon Sole w/Orzo Vegetarian Stuffed Peppers* Chicken Pot Pie Vegetable Stuffed Sole w/Couscous Baked Ziti Chicken Piccata Macaroni & Cheese Turkey Tetrazzini Lemon Sole w/ Orzo London Broil w/ Mashed Pot. Macaroni and Cheese Veal Parmesan Chicken Francaise Yankee Pot Roast* Chicken Pot Pie Beef Bourguignon **Stuffed Shells Grilled Chicken Breast*** Southern Chicken Tenders Chicken Marbella (thighs)* Chicken Cacciatore (thighs)* Spaghetti alla Carbonara Pasta w/Meatballs Fried Shrimp w/Remoulade Baked Cheese Ravioli Dinner Veal Milano Macaroni & Cheese Classic Meatloaf Dinner Stuffed Peppers* Veal w/Piccata Baked Rigatoni w/Sausage Asiago Buffalo Macaroni & Cheese Stuffed Shells Linguine w/White Clam Sauce Baked Stuffed Shrimp w/Rice Pilaf London Broil w/Mash Pot. +gravy SAT.-VEGGIES/SIDES/PASTA/SALAD Stuffed Shells Grilled Chicken w/Penne & Brie Mushroom Truffle Mac & Cheese Spaghetti Carbonara Spinach & Cheese Manicotti Pasta w/Artichokes & Asparagus Broccoli au Gratin* **Classic Meatloaf Dinner** Lemon sole w/Orzo Stuffed Shells Pasta w/Bolognese Sauce **Glazed Carrots*** Shrimp w/Lemon & Garlic **Grilled Shrimp Linguine** Chix & Pasta w/Pesto Cream Sauce **Coconut Shrimp** Ziti Broccoli & Chicken Green Beans w/Almonds* Linguine w/Lemon & Garlic Linguine w/Fresh Vegetables Stuffed Shells Sausage & Peppers* Penne w/Vodka Sauce Sausage and Peppers* Maple Glazed Yams w/Pecans* Shrimp w/Vodka Sauce Spinach & Cheese Manicotti **Classic Meatloaf Dinner** Shrimp Scampi Chicken Limone w/Pasta Mashed Butternut Squash* Penne w/Vodka Sauce Shrimp Scampi Stuffed Peppers* Coconut Chicken w/Mango Salsa **Classic Mashed Potatoes*** Chicken Alicia Chicken Limone w/Pasta **Baked Sausage Ravioli Grilled Shrimp linguine** Grilled Chix w/Grilled Vegetables* Chicken Cordon Bleu **Creamed Spinach** Chicken Alicia Grilled Chix & Grilled Vegetables* Linguine w/Fresh Vegetables Chicken Limone w/Pasta Chicken Parmesan Roasted Asparagus w/Sea Salt* Chicken Cordon Bleu Chicken Limone w/Pasta Crab Cakes w/Remoulade Chicken Cordon Bleu **Roasted Root Vegetables*** Grilled Chicken Margherita* Chicken Milanese Shrimp w/Vodka Sauce Chicken Alicia Grilled Chicken Margherita* Chicken Marsala Grilled Chicken Margherita* Cranberry Herb Stuffing Penne w/Vodka Sauce Chicken Cordon Bleu Chicken Alicia Chicken Parmesan & Pasta **Chicken Piccata** Sausage Stuffing Grilled Chix & Grilled Vegetables* Grilled Chicken Margherita* Chicken Saltimbocca Chicken Marsala **Roasted Brussels Sprouts*** Chicken Francaise **Chicken Portofino** Grilled Chicken Margherita* **Chicken Parmesan** Chicken Piccata **Grilled Chicken Breast* Chicken Parmesan** Chicken Italiano Turkey Gravy Chicken Marsala Chicken Francaise Chicken Marsala **Chicken Milanese** Cranberry Relish **Chicken Cutlets Chicken Piccata** VEGGIES/SIDES/PASTA/SALAD Chicken Piccata Chicken Alicia VEGGIES/SIDES/PASTA/SALAD **Gruyere Scalloped Potatoes*** Chicken Francaise Broccoli Rabe* Chicken Francaise Chicken Cordon Bleu Cheddar Scalloped Potatoes* Fresh Vegetable Mix* VEGGIES/SIDES/PASTA/SALAD Green Beans w/ Almonds* VEGGIES/SIDES/PASTA/SALAD Chicken Parmesan Vegetarian Chickpea Salad* Green Beans w/ Almonds* Classic Mashed Potatoes* **Roasted Sweet Potatoes* Classic Mashed Potatoes*** Chicken Parmesan & Pasta Tuna Pasta Salad Sautéed Spinach* **Roasted Vegetables*** Roasted Brussel Sprouts* Green Beans w/Almonds* Chicken Marsala Italian Broccoli* Chicken Salad* **Roasted Cauliflower*** Creamed Spinach* Roasted Asparagus w/Sea Salt* Chicken Francaise Green Beans w/ Almonds* Tuna Salad & Egg Salad **Roasted Brussel Sprouts*** Roasted Beets & Carrots* **Roasted Vegetables*** Chicken Piccata Twice Baked Potatoes* Bread Pudding Quinoa w/Spinach Art & Feta Scalloped Potatoes* **Roasted Root Vegetables*** VEGGIES/SIDES/PASTA/SALAD Cheddar bacon Stuffed Potatoes Apple Crisp Tuna Pasta Salad Chicken Salad* **Roasted Vegetables*** Broccoli au Gratin* Cauliflower au Gratin* Brownies Pasta Vita Chicken Salad* Summer Pasta Verde. Italian Broccoli* Cajun Chicken Pasta Salad Mexican Street Corn* Soup: Butternut Squash Summer Chicken Salad* Tuna & Egg Salads* Summer Pasta Verde Tuna Nicoise Salad* Summer Pasta Verde Soup: Wild Mushroom Curried Chicken Salad* Belgian Chocolate Pudding* Summer Chicken Salad* Tuna Pasta Salad Pasta Vita Chicken Salad * Summer Pasta Verde Vanilla Bean Pudding Curried Chicken Salad* Quinoa w/Butternut Beets Kale* Curried Chicken Salad*

Traditional Bread Pudding Soup: Chicken Noodle

Soup: Minestrone

Summer Chicken Salad*

Apple Crisp

Soup: Clam Chowder

Soup: Pasta Fagioli

Chocolate Bread Pudding Quesadilla Soup: Chicken & Rice Soup: Curried Lentil

Pasta Vita Chicken Salad*

Soup: Turkey & Wild Rice

Soup: Butternut Bisque

Summer Pasta Verde Chicken Salad* Soup: Chicken Noodle Soup: Clam Chowder