

**Note: Items are made throughout the day. Our menu is subject to change. Please call ahead to see if your choices are ready.**

**\*Indicates entrees that are wheat free\***

**MONDAY – November 4**

Pork Tend. w/Braised Cabbage\*  
Greek Chicken & Shrimp \*  
Thai Shrimp & Chicken Curry\*  
Whole Roast Chix Dinner\*  
Southwest Hanger Steak\*  
White Bean Escarole Stew \*  
Stuffed Peppers\*  
Beef Bourguignon  
Ziti w/Broccoli & Chicken  
Shepherd's Pie  
Shells & Sausage & Marinara Sauce  
Chix & Pasta w/Pesto Cream Sauce  
Baked Ziti  
Macaroni and Cheese  
Stuffed Shells  
Pasta w/Meatballs  
Classic Meatloaf Dinner  
Linguine w/White Clam Sauce  
Spinach & Cheese Manicotti  
Shrimp alla Vita  
Linguine alla Vita  
Penne w/Vodka Sauce  
Chicken Limone w/Pasta  
Chicken Alicia  
Chicken Cordon Bleu  
Chicken Parmesan  
Grilled Chicken Margherita\*  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise  
Grilled Chicken Breast\*  
Chicken Cutlets  
**VEGGIES/SIDES/PASTA/SALAD**  
Fresh Vegetable Mix\*  
Green Beans w/ Almonds\*  
Sautéed Spinach\*  
Roasted Cauliflower\*  
Roasted Brussel Sprouts\*  
Quinoa w/Spinach Art & Feta\*  
Tuna Pasta Salad  
Pasta Vita Chicken Salad\*  
Summer Chicken Salad\*  
Curried Chicken Salad\*  
Summer Pasta Verde  
Traditional Bread Pudding  
**Soup: Chicken Noodle**  
**Soup: Minestrone**

**TUESDAY – November 5**

Salmon w/Feta Herb Crust  
Beef Tend. w/Bearnaise Sauce  
Chicken Pad Thai w/Chili Garlic  
Grilled Shrimp Tacos  
Baked Boston Cod w/Rice pilaf  
Whole Roast Chicken\*  
Pork Chops Milanese  
Coq au Vin\*  
Sicilian Risotto\*  
Chipotle Chicken Bowl\*  
Vegetarian Stuffed Peppers\*  
London Broil w/ Mashed Pot.  
Chicken Pot Pie  
Meat Tortellini+Parm Cream Sauce  
Spaghetti alla Carbonara  
Baked Cheese Ravioli Dinner  
Buffalo Macaroni & Cheese  
Stuffed Shells  
Pasta w/Bolognese  
Grilled Chicken & Pasta Caprese  
**Sausage and Peppers\***  
Shrimp Scampi  
Coconut Chicken w/Mango Salsa  
Grilled Chix w/Grilled Vegetables\*  
Chicken Limone w/Pasta  
Chicken Cordon Bleu  
Grilled Chicken Margherita\*  
Chicken Alicia  
Chicken Alberto  
Chicken Parmesan  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise  
Grilled Chicken Breast\*  
**VEGGIES/SIDES/PASTA/SALAD**  
Mashed Potatoes\*  
Roasted Vegetables\*  
Italian Broccoli\*  
Green Beans w/ Almonds\*  
Twice Baked Potatoes\*  
Cheddar bacon Stuffed Potatoes  
Cauliflower au Gratin\*  
Mexican Street Corn\*  
Summer Pasta Verde  
Pasta Vita Chicken Salad \*  
Curried Chicken Salad\*  
Summer Chicken Salad\*  
Apple Crisp  
**Soup: Clam Chowder**  
**Soup: Pasta Fagioli**

**WEDNESDAY – November 6**

Teriyaki Salmon w/Broccoli  
Chicken Enchiladas w/Mexican Rice  
Whole Roast Chicken Dinner\*  
Herbed Pork Loin w/Rst. Potatoes  
Braised Short Ribs w/Bacon Lardons  
Grilled Flank Steak w/Chimichurri  
Roast Turkey Dinner  
Salisbury Steak Dinner  
Parmesan Garlic Chicken (thighs)\*  
Stuffed Cabbage\*  
Shepherd's Pie  
Tuscan Beef Stew  
Lemon Sole w/Orzo  
Macaroni & Cheese  
Veal Parmesan  
Southern Chicken Tenders  
Fried Shrimp w/Remoulade  
Stuffed Peppers\*  
Stuffed Shells  
Grilled Chicken w/Penne & Brie  
Classic Meatloaf Dinner  
Grilled Shrimp Linguine  
Linguine w/Fresh Vegetables  
Shrimp w/Vodka Sauce  
Penne w/Vodka Sauce  
Chicken Limone w/Pasta  
Chicken Alicia  
Chicken Cordon Bleu  
Grilled Chicken Margherita\*  
Chicken Parmesan & Pasta  
Chicken Milanese w/Lemon Ving.  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise  
Grilled Chicken Breast\*  
**VEGGIES/SIDES/PASTA/SALAD**  
Broccoli Rabe\*  
Green Beans w/ Almonds\*  
Roasted Sweet Potatoes\*  
Roasted Brussel Sprouts\*  
Creamed Spinach\*  
Roasted Beets & Carrots\*  
Scalloped Potatoes\*  
Chicken Salad\*  
Summer Pasta Verde.  
Tuna & Egg Salads\*  
Chocolate & Vanilla Bean Pudding\*  
Chocolate Bread Pudding  
**Quesadilla**  
**Soup: Chicken & Rice**

**THURSDAY – November 7**

Salmon w/Bacon Shiitake Ving.  
Beef Tend. w/Red Wine Demi  
African Lamb Stew  
Veal & Peppers  
Baked Boston Cod w/Rice Pilaf  
Pork Tenderloin w/Tom. & Capers  
Vegetarian Chickpea Curry\*  
Pork & Bean Burrito  
K. C. Rib's w/B.B.Q. Sauce\*  
Chipotle Steak Bowl\*  
Fish Tacos w/Mexican Rice  
Crab Cakes w/Remoulade  
Herbed Roasted Chicken  
Chicken Pot Pie  
Turkey Tetrazzini  
Yankee Pot Roast\*  
Chicken Cacciatore (thighs)\*  
Veal Milano  
Veal Saltimbocca  
Baked Stuffed Shrimp w/Rice Pilaf  
Lobster Mac & Cheese  
Lemon sole w/Orzo  
Coconut Shrimp  
Stuffed Shells  
Spinach & Cheese Manicotti  
Shrimp Scampi  
Baked Sausage Ravioli  
Grilled Chix & Grilled Vegetables\*  
Chicken Limone w/Pasta  
Chicken Alicia  
Chicken Cordon Bleu  
Grilled Chicken Margherita\*  
Chicken Lucchese  
Chicken Parmesan  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise  
**VEGGIES/SIDES/PASTA/SALAD**  
Classic Mashed Potatoes\*  
Green Beans w/Almonds\*  
Roasted Asparagus w/Sea Salt\*  
Roasted Vegetables\*  
Roasted Root Vegetables\*  
Broccoli au Gratin\*  
Cajun Chicken Pasta Salad  
Summer Pasta Verde  
Summer Chicken Salad\*  
Curried Chicken Salad\*  
Pasta Vita Chicken Salad\*  
**Soup: Butternut bisque**  
**Soup: Italian Wedding Soup**

**FRIDAY- November 8**

Roasted Salmon Mascarpone  
Jambalaya\*  
Beef Tenderloin Au Poivre  
Baked Boston Cod Rice Pilaf  
Classic Beef Stroganoff  
Whole Roast Chicken Dinner\*  
Grilled Pork Chops Scarpariello\*  
Chicken Enchiladas w/Mexican Rice  
Southern Chicken Tenders  
BBQ Pulled Pork\*  
Crabmeat Stuffed Sole w/Couscous  
Lemon Sole w/ Orzo  
Beef Bourguignon  
Chicken Tikka Masala (thighs)\*  
Macaroni & Cheese  
Pasta+Sausage & Creamy Arrabiatta  
London Broil w/Mash Pot. +gravy  
Spaghetti Carbonara  
Stuffed Shells  
Ziti Broccoli & Chicken  
Sausage & Peppers\*  
Classic Meatloaf Dinner  
Stuffed Peppers\*  
Grilled Shrimp linguine  
Linguine w/Fresh Vegetables  
Crab Cakes w/Remoulade  
Shrimp w/Vodka Sauce  
Penne w/Vodka Sauce  
Grilled Chix & Grilled Vegetables\*  
Grilled Chicken Margherita\*  
Chicken Italiano  
Chicken Milanese w/Lem. Ving  
Chicken Alicia  
Chicken Cordon Bleu  
Chicken Parmesan  
Chicken Marsala  
Chicken Parmesan & Pasta  
Chicken Marsala  
Chicken Francaise  
Chicken Piccata  
Chicken Piccata  
Grilled Chicken Breast\*  
Chicken Cutlets  
**VEGGIES/SIDES/PASTA/SALAD**  
Roasted Vegetables\*  
Classic Mashed Potatoes\*  
Green Beans w/almonds\*  
Italian Broccoli\*  
Roasted Brussels Sprouts\*

**SATURDAY – November 9**

Baked Spiral Ham Dinner\*  
Thai Shrimp Chicken Curry\*  
Pasta w/Meatballs Marinara  
Stuffed Shells  
Shrimp Scampi  
Macaroni & Cheese  
Penne w/Vodka Sauce  
Baked Ziti  
Chicken & Pasta Alfredo  
Chicken Parmesan  
Chicken Marsala  
Chicken Piccata  
Chicken Francaise  
Grilled Chicken Breast\*  
**Friday Cont.:**  
Tuna Nicoise Salad\*  
Tuna Pasta Salad  
Mexican Street Corn\*  
Southwest Quinoa\*  
Summer Pasta Verde  
Summer Chicken Salad\*  
Curried Chicken Salad\*  
Pasta Vita Chicken Salad\*  
**Soup: Chicken Noodle**  
**Soup: Clam Chowder**  
**Soup:**  
**SAT.-VEGGIES/SIDES/PASTA/SALAD**  
Green Beans w/Almonds\*  
Gruyere Scalloped Potatoes\*  
Cheddar Scalloped Potatoes\*  
Summer Pasta Verde  
Vegetarian Chickpea Salad\*  
Tuna Pasta Salad  
Chicken Salad\*  
Tuna Salad & Egg Salad  
Pumpkin Bread Pudding  
Apple Crisp  
Brownies