

PASTA VITA

OLD SAYBROOK

CHEF'S SPECIALS

(860) 395-1452

Note: Items are made throughout the day. Our menu is subject to change. Please call ahead to see if your choices are ready.

Indicates entrees that are wheat free

MONDAY – April 21

Pork Tenderloin w/Braised Cabbage Jambalaya *
 Thai Shrimp & Chicken Curry*
 Whole Roast Chix Dinner*
 Beef Tips w/Mushroom Gravy
 Vegetable Pad Thai w/Chili Garlic*
 Stuffed Peppers*
 Beef Bourguignon
 Ziti w/Broccoli & Chicken
 Shepherd's Pie
 Cavatelli w/Broccoli Rabe & Sausage
 Chicken & Pasta Siena
 Baked Ziti
 Macaroni and Cheese
 Stuffed Shells
 Pasta w/Meatballs
 Classic Meatloaf Dinner
 Linguine w/White Clam Sauce
 Spinach & Cheese Manicotti
 Blackened Shrimp w/Tom Alfredo
 Pasta w/Tomato Alfredo
 Penne w/Vodka Sauce
 Chicken Limone w/Pasta
 Chicken Alicia
 Chicken Cordon Bleu
 Chicken Parmesan
 Grilled Chicken Margherita*
 Chicken Marsala
 Chicken Piccata
 Chicken Francaise
 Chicken Cutlets
VEGGIES/SIDES/PASTA/SALAD
 Fresh Vegetable Mix*
 Green Beans w/ Almonds*
 Sautéed Spinach*
 Roasted Cauliflower*
 Roasted Brussel Sprouts*
 Tuna Pasta Salad
 Pasta Vita Chicken Salad*
 Summer Chicken Salad*
 Curried Chicken Salad*
 Summer Pasta Verde
 Traditional Bread Pudding
Soup: Chicken Noodle
Soup: Broccoli Bisque

TUESDAY – April 22

Salmon w/Tomatoes & Capers
 Beef Tend. /Gorgonzola Crust
 Chicken Pad Thai w/Chili Garlic
 Chicken Tacos
 Baked Boston Cod w/Rice pilaf
 Whole Roast Chicken*
 Pork Chops alla Parma
 Indian Butter Chicken *
 Risotto Primavera *
 Chipotle Chicken Bowl*
 Vegetarian Stuffed Peppers*
 London Broil w/ Mashed Pot.
 Chicken Pot Pie
 Spaghetti alla Carbonara
 Baked Cheese Ravioli Dinner
 Buffalo Macaroni & Cheese
 Stuffed Shells
 Pasta Napolitana
 Cajun Pasta+Chix+Chipotle Tom.
Sausage and Peppers*
 Shrimp Scampi
 Coconut Chicken w/Mango Salsa
 Grilled Chix w/Grilled Vegetables*
 Chicken Limone w/Pasta
 Chicken Cordon Bleu
 Grilled Chicken Margherita*
 Chicken Alicia
 Chicken Alberto
 Chicken Parmesan
 Chicken Marsala
 Chicken Piccata
 Chicken Francaise
VEGGIES/SIDES/PASTA/SALAD
 Classic Mashed Potatoes*
 Roasted Vegetables*
 Italian Broccoli*
 Green Beans w/ Almonds*
 Twice Baked Potatoes*
 Cheddar bacon Stuffed Potatoes
 Scalloped Potatoes*
 Cauliflower au Gratin*
 Mexican Street Corn*
 Summer Pasta Verde
 Pasta Vita Chicken Salad *
 Curried Chicken Salad*
 Summer Chicken Salad*
 Apple Crisp
Soup: Rhode Island Clam Chowder

WEDNESDAY – April 23

Teriyaki Salmon w/Broccoli*
 Chicken Enchiladas w/Mexican Rice
 Whole Roast Chicken Dinner*
 Herbed Pork Loin
 Flank Steak w/Balsamic Glaze*
 Roast Turkey Dinner
 Salisbury Steak Dinner
 Chicken Cacciatore*
 Shepherd's Pie
 Tuscan Beef Stew
 Lemon Sole w/Orzo
 Macaroni & Cheese
 Veal Parmesan
 Southern Chicken Tenders
 Fried Shrimp w/Remoulade
 Stuffed Peppers*
 Stuffed Shells
 Grilled Chicken w/Penne & Feta
 Classic Meatloaf Dinner
 Grilled Shrimp Linguine
 Linguine w/Fresh Vegetables
 Shrimp w/Vodka Sauce
 Penne w/Vodka Sauce
 Chicken Limone w/Pasta
 Chicken Alicia
 Chicken Cordon Bleu
 Grilled Chicken Margherita*
 Chicken Parmesan & Pasta
 Chicken Milanese
 Chicken Marsala
 Chicken Piccata
 Chicken Francaise
 Chicken Cutlets
VEGGIES/SIDES/PASTA/SALAD
 Broccoli Rabe*
 Green Beans w/ Almonds*
 Roasted Sweet Potatoes*
 Creamed Spinach*
 Roasted Beets & Carrots*
 Chicken Salad*
 Summer Pasta Verde.
 Tuna & Egg Salads*
 Chocolate & Vanilla Pudding*
 Bread Pudding
Quesadilla
Soup: Chicken & Rice

THURSDAY – April 24

Blackened Salmon+Chipotle Crema
 Grilled Halibut w/Lemon Butter
 Beef Tend. w/Red wine Demi
 Baked Boston Cod w/Rice Pilaf
 Grilled Pork Chops Scarpriello*
 Grilled Shrimp Fajitas
 Marsala Braised Short Ribs
 K. C. Rib's w/B.B.Q. Sauce*
 Chipotle Steak Bowl*
 Fish Tacos w/Mexican Rice
 Crab Cakes w/Remoulade
 Herbed Roasted Chicken
 Chicken Pot Pie
 Turkey Tetrazzini
 Yankee Pot Roast*
 Chicken Stemperata *
 Veal Milano
 Veal Piccata
 Baked Stuffed Shrimp w/Rice Pilaf
 Lobster Mac & Cheese
 Lemon sole w/Orzo
 Coconut Shrimp
 Stuffed Shells
 Spinach & Cheese Manicotti
 Baked Sausage Ravioli
 Grilled Chix & Grilled Vegetables*
 Chicken Limone w/Pasta
 Chicken Alicia
 Chicken Cordon Bleu
 Grilled Chicken Margherita*
 Chicken Portofino
 Chicken Parmesan
 Chicken Marsala
 Chicken Piccata
 Chicken Francaise
 Chicken Cutlets
VEGGIES/SIDES/PASTA/SALAD
 Green Beans w/Almonds*
 Roasted Asparagus w/Sea Salt*
 Roasted Vegetables*
 Roasted Root Vegetables*
 Broccoli au Gratin*
 Cajun Chicken Pasta Salad
 Summer Pasta Verde
 Summer Chicken Salad*
 Curried Chicken Salad*
 Pasta Vita Chicken Salad*
Soup: Curried Lentil

FRIDAY- April 25

Salmon w/Feta Herb Crust*
 Jambalaya *
Grilled Seafood Kabobs*
 Beef Tenderloin Au Poivre
 Baked Boston Cod Rice Pilaf
 Whole Roast Chicken Dinner*
 South American Beef Tips*
 Pork Tend. w/Tomatoes & Capers *
 Chicken Enchiladas w/Mexican Rice
 Southern Chicken Tenders
 BBQ Pulled Pork*
 Vegetable Stuffed Sole w/Couscous
 Lemon Sole w/ Orzo
 Beef Bourguignon
 Coq au Vin (thighs)*
 Macaroni & Cheese
 Grilled Chicken & Pasta DE Medici
 Shells & Sausage w/Marinara
 London Broil w/Mash Pot. +gravy
 Spaghetti Carbonara
 Stuffed Shells
 Ziti Broccoli & Chicken
 Sausage & Peppers*
 Classic Meatloaf Dinner
 Stuffed Peppers*
 Grilled Shrimp linguine
 Linguine w/Fresh Vegetables
 Crab Cakes w/Remoulade
 Shrimp w/Vodka Sauce
 Penne w/Vodka Sauce
 Grilled Chix & Grilled Vegetables*
 Grilled Chicken Margherita*
 Chicken Italiano
 Chicken Milanese
 Chicken Alicia
 Chicken Cordon Bleu
 Chicken Parmesan
 Chicken Parmesan & Pasta
 Chicken Marsala
 Chicken Francaise
 Chicken Piccata
 Grilled Chicken Breast*
 Chicken Cutlets
VEGGIES/SIDES/PASTA/SALAD
 Roasted Vegetables*
 Classic Mashed Potatoes*
 Green Beans w/almonds*
 Italian Broccoli*
 Roasted Brussels Sprouts*

SATURDAY – April 26

Baked Spiral Ham Dinner*
 Thai Shrimp Chicken Curry*
 Pasta w/Meatballs Marinara
 Stuffed Shells
 Shrimp Scampi
 Macaroni & Cheese
 Penne w/Vodka Sauce
 Baked Ziti
 Chicken & Pasta Alfredo
 Chicken Parmesan
 Chicken Marsala
 Chicken Piccata
 Chicken Francaise
 Grilled Chicken Breast*

Friday Cont.:

Tuna Nicoise Salad*
 Tuna Pasta Salad
 Mexican Street Corn*
Tortellini Pasta Salad
 Quinoa w/Spinach Art & Feta*
 Guacamole*
 Fresh Tomato Salsa
 Summer Pasta Verde
 Summer Chicken Salad*
 Curried Chicken Salad*
 Pasta Vita Chicken Salad*
Soup: Chicken Noodle
Soup: Clam Chowder
Soup: Butternut Bisque
SAT.-VEGGIES/SIDES/PASTA/SALAD
 Green Beans w/Almonds*
 Gruyere Scalloped Potatoes*
 Cheddar Scalloped Potatoes*
 Summer Pasta Verde
 Vegetarian Chickpea Salad*
 Tuna Pasta Salad
 Chicken Salad*
 Tuna Salad & Egg Salad
 Bread Pudding
 Apple Crisp
 Brownies